

MENTORING MINUTES




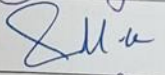
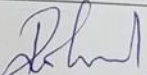
Patrician Mentoring and Counselling Cell

Patrician Mentoring and Counselling Cell

Minutes of the meeting

Date: 30.06.2023

Venue: Psychology Department

Date: 30.06.2023	Meeting Time : 12.00 PM	
Minutes Noted by	Ms. Leanne Maria	
Attendees	Designation	Attendees Signature
Ms. Josephine Lucy	Coordinator & Ast Prof	
Mr. Justus Wallis	Assistant Professor	Justus wallis
Ms. Leanne Maria	Assistant Professor	
Mr. Jerome Nesaraj	Assistant Professor	
Ms. Sadiya Fathima	Assistant Professor	Sadiya fathima.k
Ms. Nivedha K	Assistant Professor	
Ms. Rohini	Assistant Professor	
Ms. Mary Theresa	Assistant Professor	Absent

**Committee Members**

- 1.Bcom(Aand F) _ Mr. Jerome
- 2.Bsw _ Ms. Leanne
3. Bsc Psychology _ Ms. Nivedha
- 4.Bsc Datascience_Mr. Justus Wallis
- 5.Bsc maths _Ms. Nivedha
6. BA English_ Mr Justus Wallis
- 7.Bsc viscom _ Mr. Jerome
- 8.Bcom(cs) _Mr. Jerome
- 9.BBA _ Ms. Mary Theresa
- 10.Bcom _ Ms. Rohini
- 11.Bsc(cs)- Ms.Sadiya fathima
- 12.BCA _Ms.Sadiya fathima

Patrician Mentoring and Counselling Cell	
Date: 30.06.2023	Meeting Time : 12.00 PM
Minutes Noted by	Ms. Leanne Maria
Agenda 1	Matters from the Coordinator
Ms. Josephine Lucy	Cell Coordinator
	Database: It was stressed that the database of all students should be collected from every class teacher.
	Club: The Mentoring Club is to be formed with 1 representative of each department.
	The Club will work towards ensuring the strong presence of the Cell and make announcements every Friday.
	As per instructions from the Management, faculty of the Language and English Department will serve as Personal Mentors for the needed departments.
Agenda 2	Tentative Programs
Mr. Justus Wallis	Assistant Professor
Discussions	A workshop to train faculty as effective Personal Mentors
	A session on Emotional Quotient, Stress, handling failures and emotions for the III year students to help them prepare for Life after



	College.
	A session on Family Life for Non Teaching Faculty and Support Staff
Agenda 3	Furthur Requirements
Discussions	The Cell requests the Management to allot at least 2 faculty from Shift II to help anchor and coordinate with Shift II.
	One hour every month to be commonly allotted for all classes as Mentoring Hour.
Agenda 4	Allotment of Duties
Ms. Josephine Lucy	Cell Coordinator
Discussions	Ms. Leanne & Ms. Sadiya to take care of the Club formation and activities.
	Ms. Nivedha K to be in charge of Public Relations, handling of the Cell Official Emails, etc
	Mr. Jerome to in charge of Invitations, Media, etc
Agenda 6	Departments Allotted
Discussions	The list of departments allotted to each faculty member will be finalised and circulated to the team on or before 5th July

PATRICIAN COLLEGE OF ARTS AND SCIENCE, ADYAR

ACTION PLAN FOR MENTORING AND COUNSELLING COMMITTEE 2023-2024

Date	Programme	Beneficiaries	Expected Outcome
July	Formation of Mentoring Club	-	-
August	FDP on Pre-helping skills	Staff	<ul style="list-style-type: none"> The program aims to enhance participants' professional growth by equipping them with pre-helping skills that can be applied in various contexts, such as counseling, mentoring, coaching, and teaching, enabling them to provide effective support and assistance to those in need.



September	Family Wellness Programme	Support Staff	<ul style="list-style-type: none"> Participants will develop skills to address conflicts constructively, promoting healthier resolutions and minimizing tension within the family. Improved Communication Emphasize the importance of establishing and respecting boundaries within the family, promoting healthier dynamics and individual well-being.
December	Rise and Thrive: Failure to Success	Students	<ul style="list-style-type: none"> Participants will develop resilience and learn to bounce back from setbacks and failures, embracing them as opportunities for growth. The program will promote self-reflection and introspection, helping individuals gain insights into their strengths, weaknesses, and areas for improvement.
Alternate months	Academic Mentoring & Personal Mentoring	Students	<ul style="list-style-type: none"> Improved Academic Performance Personal Growth and Development

****An announcement will be made every Friday to raise students' awareness of the mentoring and counselling facilities available in college.**

**** Kindly depute 2 faculty from shift II in the Mentoring and counselling committee.**



Patrician Mentoring and Counselling <mentoring@patriciancollege.ac.in>
11:57 AM

to Head

Dear Heads of the Department, the academic and personal mentoring reports of the departments should be sent to the below listed faculty incharge, submission date will be given later.

- 1.Bcom(Aand F) _ Mr. Jerome
- 2.Bsw _ Ms. Leanne
3. Bsc Psychology _ Ms. Nivedha
- 4.Bsc Datascience _Mr. Justus Wallis
- 5.Bsc maths _Ms. Nivedha
6. BA English_ Mr Justus Wallis
- 7.Bsc viscom _ Mr. Jerome
- 8.Bcom(cs) _Mr. Jerome
- 9.BBA _ Ms. Mary Theresa
- 10.Bcom _ Ms. Rohini
- 11.Bsc(cs)- Ms.Sadiya
- 12.BCA _Ms.Sadiya

Regards

Mentoring and Counselling Committee (2023-2024)

Patrician College of Arts and Sciences, Chennai

Email - mentoring@patriciancollege.ac.in

Mobile: 9841271412



Monthly meeting

Patrician Mentoring and Counselling <mentoring@patriciancollege.ac.in>
12:20 PM

to Jerome, justuswallis2007, leanne, Josephine, Mary, Rohini, Nivedha

Greetings,

Mentoring and counselling meeting for the month of March 2024 will be held tomorrow 28.03.24, at 1.15 pm,, kindly attend the meeting.

venue: social work staff room

Regards

Mentoring and Counselling Committee

Patrician College of Arts and Sciences, Chennai

Email - mentoring@patriciancollege.ac.in

Mobile: 9841271412

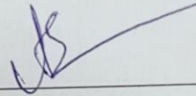
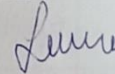
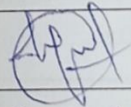
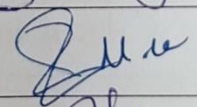
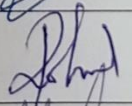
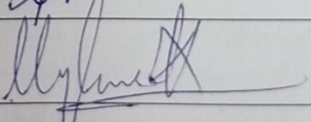


Patrician Mentoring and Counselling Cell
Minutes of the meeting

Patrician Mentoring and Counselling Cell

Minutes of the meeting

Venue: Psychology Department

Date: 7.3..2024	Meeting Time : 12.00 PM	
Minutes Noted by	Ms. Nivedha	
Attendees	Designation	Attendees Signature
Ms. Josephine Lucy	Coordinator & Ast Prof	
Mr. Justus Wallis	Assistant Professor	Justus wallis
Ms. Leanne Maria	Assistant Professor	
Mr. Jerome Nesaraj	Assistant Professor	
Ms. Sadiya Fathima	Assistant Professor	Sadiya fathima .k
Ms. Nivedha K	Assistant Professor	
Ms. Rohini	Assistant Professor	
Ms. Mary Theresa	Assistant Professor	



Agenda 1 :

Academic Mentoring

Every month

Mentoring and Counselling Committee members:

- Monitor academic performance
- Support students to improve their ability to articulate and formulate plans to actively pursue and achieve their academic and career goals
- Guide students in feeling more connected to the campus and their educational goals
- Help the students to participate activities and events to improve their skills

Exam Preparation

- Practice developing an exam study schedule and teaching study patterns and improving writing skill habits.
- Regular follow ups and documentation

Agenda 2.

Personal Mentoring

Every month

Mentoring and Counselling Committee members:

- Make students aware of resources available to them on campus and in the community and encourage them to make use of those resources
- Help students to develop or refine their study skills and time management abilities
- Help students in their transition to the college environment and navigate their programs of study
- Develop student leadership skills
- Provide opportunities for students to build self confidence level through their talent
- Regular follow up

3. Life skill session

conducted in shift 2 student

Topic: Whom am I for the first year students

4. Individual counselling

Participants :43 students

Students were given overall view about the inner self, the purpose of study goals, selection of career choice, and value of future.

55 Students

- Behaviour issues
- Relationship problems

